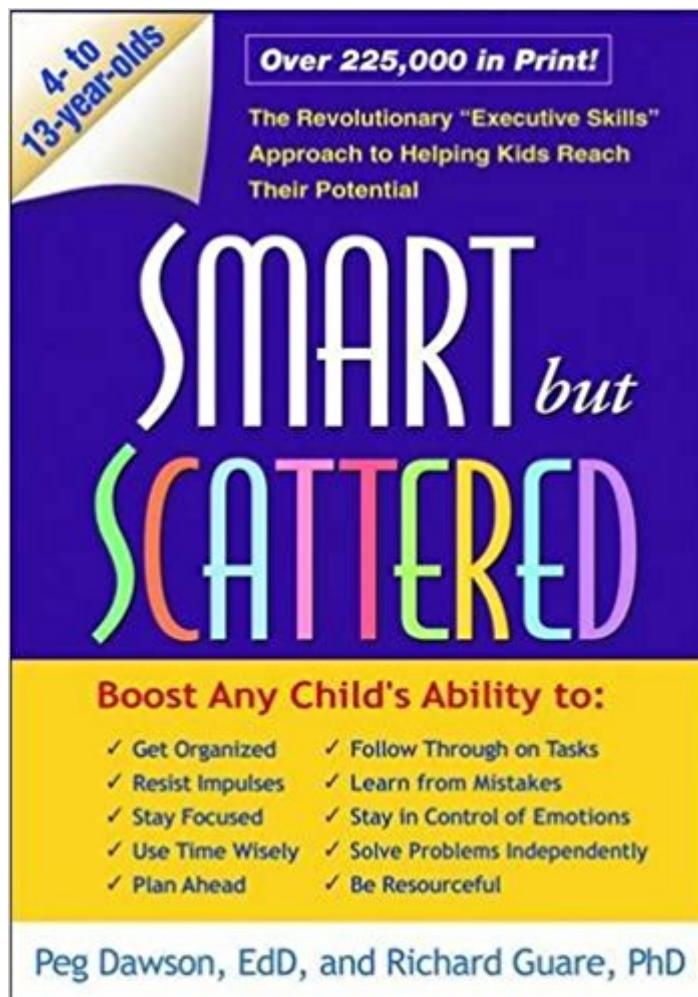


The book was found

# Smart But Scattered: The Revolutionary "Executive Skills" Approach To Helping Kids Reach Their Potential



## Synopsis

There's nothing more frustrating than watching your bright, talented son or daughter struggle with everyday tasks like finishing homework, putting away toys, or following instructions at school. Your *smart* but scattered child might also have trouble coping with disappointment or managing anger. Drs. Peg Dawson and Richard Guare have great news: there's a lot you can do to help. The latest research in child development shows that many kids who have the brain and heart to succeed lack or lag behind in crucial executive skills--the fundamental habits of mind required for getting organized, staying focused, and controlling impulses and emotions. Learn easy-to-follow steps to identify your child's strengths and weaknesses, use activities and techniques proven to boost specific skills, and problem-solve daily routines. Small changes can add up to big improvements--this empowering book shows how.

## Book Information

Paperback: 314 pages

Publisher: Guilford Press; 1st edition (January 2, 2009)

Language: English

ISBN-10: 1593854455

ISBN-13: 978-1593854454

Product Dimensions: 1 x 7.2 x 10.2 inches

Shipping Weight: 1.1 pounds (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars (See all reviews) (224 customer reviews)

Best Sellers Rank: #627 in Books (See Top 100 in Books) #1 in Books > Health, Fitness & Dieting > Mental Health > Attention Deficit & Attention Deficit Hyperactivity Disorders #1 in Books > Education & Teaching > Schools & Teaching > Special Education #1 in Books > Health, Fitness & Dieting > Children's Health > Learning Disorders

## Customer Reviews

Another parent here. I have three highly gifted kids who nevertheless seem unable to accomplish simple tasks. A friend recommended this book, and it's forcing me to endure a complete paradigm shift, not only about my expectations for them, but of my own weaknesses in this area. Sure, I've had trouble staying organized, I start tasks only to leave them half-completed, and I feel like I have far more potential than I produce. But until I took the inventory for parents in this book, I didn't realize how truly weak my own executive skills are all around (unless I'm inspired, and then I'm a machine! ... just like my daughter). My husband took the quiz and -- not surprisingly -- his EF

(executive function) skills are nearly off the charts on the other end. He laughed a little as he said he wondered how honest I was going to be, but he agreed with my self-assessment. Suddenly, I understand why a disastrous house sends me into tears, but he can get to work and make it spotless in a couple hours. But this book also showed me that it's not an inherent personality failure on my part -- it's that I never learned these skills properly! After just a weekend of talking about some issues together, my daughter (8) and I have created strategies to help us with our organizational skills. I'm also staying more patient with my 5-yr-old son, who is pretty much a 1 on emotional control (but quite good with organization). This book isn't an instant silver bullet solution, but it provides new ways of thinking and conceptualizing about your children's (and your own) strengths and weaknesses.

[Download to continue reading...](#)

Smart but Scattered: The Revolutionary "Executive Skills" Approach to Helping Kids Reach Their Potential Smart but Scattered Teens: The "Executive Skills" Program for Helping Teens Reach Their Potential Goal Setting: Reach Goals Fast: The Ultimate Guide To Goal Setting - The Most Effective Way To Reach Goals Fast (Goal Setting, Motivation, Action Plan, ... Goals, Success, Self-Discipline, Organized) The Final Frontier in Mental Toughness Training for Tennis: Using Visualization to Reach Your True Potential How to Reach Your Full Potential for God: Never Settle for Less Than His Best! The 15 Invaluable Laws of Growth: Live Them and Reach Your Potential Unconventional Mental Toughness Training for Cycling: Using Visualization to Reach Your True Potential Books For Kids : Charlie The Smart Elephant (FREE BONUS) (Bedtime Stories for Kids Ages 2 - 10) (Books for kids, Children's Books, Kids Books, puppy story, ... Books for Kids age 2-10, Beginner Readers) Books For Kids: The Misadventures of Mischievous Missy (KIDS ADVENTURE BOOKS #9) (Kids Books, Children Books, Kids Stories, Kids Adventure, Kids Fantasy, Mystery, Series Books Kids Ages 4-6 6-8 9-12) But My Family Would Never Eat Vegan!: 125 Recipes to Win Everyone Over\_Picky kids will try it, hungry adults won't miss meat, and holiday traditions can live on! (But I Could Never Go Vegan!) The Executive Functioning Workbook for Teens: Help for Unprepared, Late, and Scattered Teens Scattered: How A.D.D. Originates and What You Can Do Scattered: How Attention Deficit Disorder Originates and What You Can Do About It The New New Rules: A Funny Look at How Everybody But Me Has Their Head Up Their Ass Books For Kids : Charlie The Smart Elephant learns how to paint (FREE BONUS) (Bedtime Stories for Kids Ages 2 - 10) (Books for kids, Children's Books, ... Books for Kids age 2-10, Beginner Readers) How Smart Is Your Baby?: Develop and Nurture Your Newborn's Full Potential (The Gentle Revolution Series) Screenwise: Helping Kids Thrive (and Survive) in Their Digital World Smart Money Smart Kids:

Raising the Next Generation to Win with Money A Smart Girl's Guide: Babysitting: The Care and Keeping of Kids (Smart Girl's Guides) Raising a Sensory Smart Child: The Definitive Handbook for Helping Your Child with Sensory Processing Issues, Revised Edition

[Dmca](#)